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KARNATAKA HIGH COURT

Karnataka High Court calls for regular mental health checks for police, armed forces personnel

Sheikh Rayees • November 16, 2026

PUBLISHED REPORT

The Court stressed that security personnel must receive confidential mental health support and periodic assessments, particularly before being entrusted with firearms, observing that discipline cannot come at the cost of their well-being. The Karnataka High Court has called for a comprehensive mental health support system for police officers and personnel serving in armed security forces, emphasising that those entrusted with protecting the public must also receive adequate care and...

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